

# Code of Conduct for Rockingham Lacrosse Club Parents/Guardians

Our code of conduct is based around our mission statement:  
To foster a positive, developmentally focused environment where athletes, families, and coaches grow together through the sport of lacrosse.

We believe in the R.O.O.T.S. of the game:  
Respect for Officials, Opponents, Team and Self

Parents and guardians play a vital role in shaping the culture of our league. Through your words and actions, you set the tone for what sportsmanship, respect, and teamwork look like for our athletes. We ask that every parent help create an environment where players can grow in confidence, learn from both success and failure, and enjoy the game.

## 1. Sportsmanship

- a. Model and encourage good sportsmanship at all times.
- b. Encourage their child to follow the rules and play fairly.
- c. Help their child learn from mistakes as part of development.
- d. Recognize effort and good performance, not only results.
- e. Acknowledge fair play and applaud good play by both teams.
- f. Respect that decisions about playing time, positions, and strategy are made by the coaching staff in the best interest of the team and player development.
- g. Bring concerns to the appropriate channel privately and away from games/practices (see “Concerns and Reporting” below).

Unsportsmanlike parent/guardian behavior—including verbal abuse, threats, harassment, or disruptive conduct—may result in immediate removal from the field or facility. Continued or repeated violations may result in suspension from attending future team events.

## 2. Integrity

- a. Encourage their child to be accountable for their actions on and off the field.
- b. Respect facilities, fields, equipment, and the environment where we play.
- c. Encourage their child to be a supportive, inclusive, and a positive teammate.
- d. Refrain from gossip, rumor-spreading, cliques, or exclusionary behavior.
- e. Not post, share, or send negative, threatening, or inappropriate comments about players, parents, coaches, officials, opponents, or the club via social media, text, or other electronic means.

### 3. Personal Conduct & Sideline Expectations

- a. Publicly accept officials' and coaches' decisions.
- b. Discourage any derogatory, demeaning, or aggressive behavior by their child (verbal, physical, or online).
- c. Use respectful language at all times; no offensive, insulting, or abusive language toward any player, coach, official, or spectator.
- d. Support their child's enjoyment of the sport; never belittle a child for losing or making mistakes.
- e. Let coaches coach during games without interference.
- f. Ensure timely supervision: know session times and arrange on-time drop-off and pick-up.
- g. Parents are not permitted on the sidelines, field, or in meeting rooms or locker rooms during team practices, as practice is for players and coaches only.

### 4. Concerns and Reporting

If you have concerns about the conduct of a player, coach, official, parent/guardian, or spectator (either within our community or an opposing team), contact the Mud Dog Board rather than addressing it directly at the moment.